

**Moore County Parks & Recreation
Youth Basketball League Rules**

Article I: Player Eligibility

- A. The Moore County Parks and Recreation Youth Basketball League is for boys and girls ages 5-12.

The age cut-off date is October 16th of the current year. Players are put in age divisions based on the age as of this date. Proof of age is required on each participant. Teams are formed based on where the participant attends school. Any player, who plays on a school team, cannot participate in the Moore County Parks and Recreation Youth League.

Article II: Rules and Regulations

A. Every player on each team must play at least one full quarter each game.

This will be done as follows:

The five players who begin the first quarter must remain in the game for that whole quarter except for the following situations: (a) player injury, (b) player is removed because of conduct by the referee (c) fouls out. In the final 3 quarters, a combination of new players and those who have already played may be used. Free substitution will be allowed among those who have already participated in their full quarter.

1. A team may start with only four(4) players if there are not five(5) players present at game time. If the fifth player arrives after the game has begun, they may enter the ballgame at the next dead ball. All players on team roster must be entered in scorebook prior to game, regardless if they are present or not.
2. In the situation that a player is not attending practices but comes to the games, the coach should contact the Parks & Recreation office so that Parks and Recreation can get up with the parents to see what might be the problem. Coaches do not have the right to sit a player out of a game.
3. Length of Games:
All Leagues will play four (4) –six (6) minute quarters. All leagues will play 2 minute overtimes, if needed.

There will be five (5) minute warm-ups before each game. Half-time will consist of ten (10) minutes. The first five (5) minutes will be allowed for any Cheerleader squads to perform. The remaining five (5) minutes will be used for teams to warm-up before the start of the third quarter. If cheerleaders do not use entire five (5) minutes or there aren't any cheerleading squads at the game, the five (5) minute half-time will begin immediately.

4. The clock will run continuously during games, except in the following circumstances:
 - (a) Foul shots
 - (b) Player injury
 - (c) Jump ball is called
 - (d) Time-outs
 - (e) During the last two (2) minutes of the fourth quarter and all overtime periods, the clock will stop every time the whistle blows.
5. Full court press is not allowed in any age group. In the 5-6 yr old Co-Ed league; defenders may play defense at the volleyball-hash mark line (not at the half court line). Defenders in all other leagues may play defense once the ball crosses half court. In the 9-10 & 11-12 leagues, the first offense will be a team warning; all other occurrences will result in a technical foul on the team.
6. Each team is entitled to (2) two charged time-outs per half during a regulation game. Time-outs not used during the first half do not carry over. During each overtime period, both teams will receive one (1) additional time-out. Those time-outs not used in the second half do carry over to the overtime period. Each time-out is 45 seconds.
7. Free throws will be taken two(2) feet in front of the regulation high school foul line in all Leagues ages 10 and under. The 5-6 League may stand on the line. The 11-12 boys' and 11-12 girls' leagues will shoot from the regulation high school line.
8. Three point field goals will be counted in the 11-12 boys' and 11-12 girls' leagues only.
9. When a team has two(2) scheduled games in a week, that team is not allowed to practice during that same week. (A week is defined as Sunday thru Saturday). No practice during the Thanksgiving or Christmas holiday break.
10. Only the head coach and assistant coach are allowed on the bench. Only one (1) coach on the bench is permitted to stand during the ballgame.
11. Each team is required to get a sponsor for their team shirts. No sponsor phone numbers are allowed on uniforms.

Article IV: Sportsmanship

- A. Good sportsmanship is expected from coaches, players and spectators at all times. Any coach or spectator ejected from a game must leave the gym immediately and will be automatically suspended for the next two (2) games that are played. A coach who has been ejected must call the recreation office to make an appointment to come in for a meeting with the appropriate staff person. This meeting will be scheduled during normal operating hours (M-F 8:00-5:00) and must take place before he/she is allowed to coach again. This includes practices and games.
- Any player that is ejected during a game is refined to the bench for the remainder of the game and is suspended for the next game. If a second offense occurs to the same player, he/she must sit out for the next (2) games that are played. A third offense by the same player will result in disqualification for the remainder of the season.
- A more severe penalty may be implied by the Moore County Parks & Recreation if necessary.
- B. Any coach, player or spectator who physically abuses any official will be banned from all Parks & Recreation activities for one year and are subject to criminal punishment. Parks & Recreation officials are defined as:
- (1) Staff personnel
 - (2) Referees
 - (3) Gym supervisors
 - (4) Clock-keepers
 - (5) Scorekeepers

Moore County Parks and Recreation reserves the right to change, add or delete any rule or regulation for the benefit of the League and its players. All head coaches will be notified of any rule changes.

Revised 11/9/09

Past County Tournament Championship Sites:

1989 - - Pinecrest High School
1990 - - Sandhills Farmlife
1991 - - North Moore High School
1992 - - Aberdeen Elementary
1993 - - Union Pines High School
1994 - - North Moore High School/Elise Middle
1995 - - Pinehurst Middle/Pinehurst Elem
1996 - - Union Pines High School/ Sandhills Farmlife
1997 - - North Moore High School
1998 - - West End Elementary
1999 - - New Century Middle School
2000 - - North Moore High School
2001 - - West Pine Middle School
2002 - - Carthage Elementary
2003 - - Carthage Elementary/Sandhills Farmlife
2004 - - Carthage Elementary
2005 - - North Moore High School
2006 - - West End, Farmlife, New Century, Elise
2007 - - Carthage/West End
2008 - - Farmlife, Carthage
2009 - - Vass, Carthage